

## **Pre-Sedation Treatment Instructions**

- Patient must have a responsible person bring and take them home from their appointment (and stay with them until recovered.)
- No food or drink 8 hours before sedation appointment.
- No alcohol, caffeine, or nicotine 8 hours before sedation appointment.
- Wear comfortable clothing the day of appointment.
- Do not wear jewelry or bring valuables to appointment.
- Take medications prescribed 1 hour prior to appointment with a small amount of water.
- Bring a bottle of Gatorade to appointment.

Our dental team would like patients to be completely comfortable and relaxed at the sedation appointment and embrace a wonderful experience. If you have any questions or concerns, please call our office.

Patient Signature	Date
Witness Signature	Date