



IMPLANT

SURGERY CENTER

AFTER CARE INSTRUCTIONS BONE GRAFT/ SINGLE IMPLANT

- Expect soreness for several days after the procedure. Healing time will vary
- If bone grafting was used, you may feel some gritty, sand-like pieces in your mouth. It is normal and can be swallowed.
- Take narcotic pain medication as prescribed by your dentist. Take Motrin or Ibuprofen for 2-3 days after the procedure.
- Keep fingers and tongue away from the area and chew on the opposite side
- The day after the procedure, use a warm salt water rinse several times a day for at least a week following the procedure. (Mix ½ teaspoon of salt in a glass of warm water and gently swish salt water in the mouth).
- If sutures were placed, they will typically dissolve on their own within 7-10 days, but small pieces may come out. Call the office if they do not dissolve on their own
- Call our office if you have any questions or concerns.