



Post-Sedation Treatment Instructions

- Patient must have responsible person bring and take them home from their appointment and stay with them until recovered.
- No driving for 24 hours or operating hazardous devices.
- No heavy lifting (25+ lbs)
- No stairs until completely recovered.
- No important decisions (no work) for 24 hours.
- No alcohol for 24 hours after treatment.
- No stimulants for 12 hours after. (Caffeine, nicotine, etc.)
- Rehydrate patient every hour with plenty of fluids (water or Gatorade).
- Use an ice pack (20 min on and 20 min off) for the first 24-48 hours.

Refer to the Post-Surgery Guidelines for a more inclusive list

If you have any questions, please call our office at 405-803-8166.

I have received a copy of the above information and agree to cooperate completely with the doctor's instructions and will follow the Post-Sedation Guidelines to the best of my ability for my comfort and safety. I have had the opportunity to ask questions concerning these procedures.

Patient Signature

Date

I have received a copy of the above and agree to cooperate completely with the doctor's instructions and will help the patient follow the post-sedation instructions to the best of my ability for the patient's comfort and safety. I have had the opportunity to ask questions concerning these procedures

Driver's Signature

Date

Driver's Phone Number

Witness